



THE STABILITY STRATEGY : SELF-SUFFICIENCY MATRIX



DOMAINS	HOW WE KNOW	RESOURCE				
Food	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	No food or means to prepare it; relies to a significant degree on other sources of free or low-cost food (1)	Lives on food subsidies or food stamps (2)	Can meet basic food needs, but requires occasional assistance (3)	Can meet basic food needs without assistance (4)	Can choose to purchase any desired food and can prepare it independently (5)
Income	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Not receiving income and/or has debts in collection (1)	Receiving inadequate income and/or engaging in spontaneous or inappropriate spending (2)	Able to meet basic needs with subsidy; spends appropriately and has a plan for debt re-payment (3)	Able to meet basic needs and manage debt without assistance. (4)	Receiving and managing sufficient income; managing appropriate debt level, saving some income (5)
Physical Health	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Experiencing acute or chronic symptoms affecting housing, employment, social interactions, etc. (1)	Sometimes or periodically experiencing acute or chronic symptoms affecting housing, employment, social interactions, etc. (2)	Rarely experiencing acute or chronic symptoms affecting housing, employment, social interactions, etc. (3)	Asymptomatic – condition controlled by services or medication (4)	Not experiencing identified physical health barriers (5)
Literacy & Education	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Severely limited in literacy and/or without a high school diploma/GED (1)	Enrolled in literacy and/or GED program and/or in sufficient command of English to where language is not a barrier to employment (2)	Has high school diploma/GED (3)	Pursuing additional education/training to improve employment situation and/or to resolve literacy problems (4)	Adequately educated /trained to become employable; and without literacy problems (5)
RESTORATION: Renewed in Emotional & Physical Wellness / Restored to Relationships						
Legal	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Experiencing a significant legal problem or missing vital documents but does not understand the extent or impact and does not know what to do (1)	Aware of legal issues but does not know what to do; or, current charges/trial pending, noncompliance with probation/parole. (2)	Has vital documents, legal information/advice; correctly identifying the problem as legal problem; aware of what to do but lacking ability to proceed without legal assistance (3)	Has legal representation and issues are moving towards resolution (4)	No legal issues in more than 12 months and/or legal issues fully resolved through litigation, negotiations, dismissal or other legal means (5)
Substance Abuse	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Consistently using substances with less than 30 days clean-time; meets criteria for severe abuse, resulting in institutional living or hospitalization (1)	Acknowledging triggers and need for a support system (2)	Clean & sober as demonstrated by regular testing and ability to endure hardship and delay gratification (3)	Practicing new recovery habits and has a response plan for triggers, with over 6 months of no drug use (4)	Active in outside recovery program and/or serving as a sponsor/mentor to help others in recovery, with no drug/alcohol use in last 12 months (5)
Mental Health/Trauma Care	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Dangerous to self or others; experiencing recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems (1)	Experiencing recurrent mental health symptoms that may affect behavior, but not a danger to self/others; having persistent problems with functioning due to mental health symptoms (2)	Experiencing mild and/or transient symptoms; having only moderate difficulty in functioning due to mental health problems (3)	Experiencing minimal symptoms that are expectable responses to life stressors; having only slight impairment in functioning (4)	Not experiencing symptoms; functioning very well in a wide range of activities; having no more than everyday problems or concerns (5)
Social Skills	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Isolated from any meaningful relationships or community (1)	Limited in interaction with positive friends and role models (2)	Demonstrating healthy relationship skills and taking steps to strengthen healthy relationships through regular contact (3)	Able to work with others and resolve conflicts (4)	Invested in a few trusted friendships and restored relationships (5)
Spiritual Formation	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Not aware of God or interested in a Higher Power, or distorted images of God (1)	Showing interest in or awareness God's existence, love, and grace (2)	Recognizes personal need for grace and forgiveness found in Christ (3)	Repentant and has put faith in Christ, and has growing assurance of belonging and acceptance by God through Jesus (4)	Consistently engaging in personal spiritual practices and regularly participating in Christian community (5)
RE-ENGAGEMENT: Re-integrated into the Community						
Employment	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Not employed (1)	Employed temporarily, part-time or seasonally; receiving inadequate pay, no benefits (2)	Employed full time; receiving inadequate pay; few or no benefits (3)	Employed full time with adequate pay and benefits (4)	Maintaining permanent employment with adequate income and benefits (5)
Life Skills	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Unable to meet basic needs such as hygiene, food, activities of daily living (1)	Can meet a few but not all needs of daily living with consistence oversight (2)	Can meet most but not all daily living needs without assistance (3)	Able to meet all basic needs of daily living without assistance or oversight (4)	Able to provide beyond basic needs of daily living for self, and mentor others (5)
Family Relations	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Estranged from family and/or significant relational conflict; or, abuse is present (1)	Limited contact with family and/or social supports; and child support obligations not being met (2)	Taking steps to make restitution for past wrongs and/or pay child/ spousal support (3)	Strong support from/for family or friends; regular visits with family or friends on a weekly basis (4)	Has healthy/expanding support network; communication is consistently open; always able to uphold household and family responsibilities (5)
Housing	<input type="checkbox"/> Client self-assessment <input type="checkbox"/> Case Manager <input type="checkbox"/> Other staff feedback	Homeless or threatened with eviction (1)	In transitional, temporary or substandard housing; and/or unable to afford current rent/mortgage payment (2)	In stable housing that is safe but only marginally adequate (3)	In safe, adequate subsidized housing (4)	In safe, adequate, unsubsidized housing (5)

